

Goal	Allow physiatrists to provide effective care while optimizing patient outcomes
Current Approach	Checklists and guidelines that lack a universal system for describing rehabilitation interventions
Concept	Theory-driving system that defines the essential elements of rehabilitation treatments and provides researchers and clinicians with a language with which to describe their interventions within a framework that will connect actions to outcomes
Key Details	<p>Treatment components that are based on the theory that clinician actions are linked with expected changes in function:</p> <ol style="list-style-type: none"> 1. Active Ingredients = words, actions, devices, substances 2. Target = measurable aspect of functioning 3. Mechanism of Action = process by which the active ingredients bring about a functional change in the target
Outcomes	To specify rehabilitation interventions and processes that cause measurable change in patient functioning using a universal theoretical framework. ³⁹