

Chart 1: Potency, Solubility and Preparations*

Common Injectable Steroids (Brand name)	Equivalent Dose (mg)	Relative Glucocorticoid Potency	Solubility	Preparations (mg/mL)	Particulate (Yes/No)	Duration of Action (hours)
Methylprednisolone acetate (Depo-Medrol) Methylprednisolone sodium succinate (Solu-medrol)	4	5	Slightly soluble	20 40 80	Y	24-36
Triamcinolone acetonide (Kenalog) Triamcinolone hexacetonide (Aristospan)	4	5	Relatively insoluble	10 40	Y	24-36
Betamethasone acetate/ Betamethasone sodium phosphate (Celestone Soluspan)	0.75	33	Mixed solubility	3	Y	>48
Dexamethasone sodium phosphate (Decadron phosphate)	0.60	27	Freely soluble	4 10	N	>48

*Reproduced and adapted from 6,7,10,11