

Myotonic Disorders of Muscle – Table 2

	Mild DM1	Classical/Adult	Juvenile	Congenital	DM2
Onset	Later onset	2 nd decade	Childhood	¼ of offspring of DM1 mothers	3 rd – 4 th decade
Weak	Rare	Distal	Distal, Mild	Floppy infant	Proximal, may have no or remarkable atrophy
Myotonia	EMG only	Mild clinical	Mild clinical	EMG only	Variable
Other Signs	Premature balding, cataracts	Cataracts, balding, fatigue, gastrointestinal symptoms, cardiac conduction defects	Like classical with cognitive and behavioral issues	Polyhydramnios, poor fetal movements, facial & jaw muscles affected, decreased feeding, club feet, contractures, mental retardation, developmental delay, high mortality	Pain, Cataracts